



बिहार स्टेट पावर (होल्डिंग) कंपनी लिमिटेड  
Bihar State Power (Holding) Company Limited  
बिहार सरकार का उपक्रम (A Govt. of Bihar Undertaking)  
सामान्य प्रशासन विभाग (Department of General Administration)  
GST Number : 10AAFCB2394A2ZD. CIN Number : U40102BR012SGC018495

**Job Contract Notice No. - 07/- 2025 (Contract)**  
**Post :- Gym Trainer-Cum-Service Engineer**

Bihar State Power (Holding) Company Ltd. invites application for one no. of post of Gym Trainer-Cum-Service Engineer as per the details given below-

1. **Qualification & Experience:**

Sl. No.	Name of the Post	Qualification & Experience
1	Gym Trainer-Cum-Service Engineer	(i) Graduate in any discipline having certificate of Personal Fitness Trainer from any reputed professional training Institute. (ii) Preference will be given to the candidate having experience as Service Engineer in any reputed Company related to sports discipline.

2. **Remuneration :**

Monthly Consolidated Rupees 40,000/- (₹Forty thousand) would be payable.

3. **Age as on 30.04.2025 :**

Age	UR (General)	SC	ST	EBC	BC	Female (UR)
Minimum Age	21	21	21	21	21	21
Maximum age	37	42	42	40	40	40

4. **Period of service :**

Selected person will be initially appointed for a period of 1 (one) year, which may be renewed for a maximum period up to five years as per need and satisfactory performance and conduct of the person. This post is purely temporary and will not give any right to permanent or any other claim in future.

5. **Mode of Selection :**

Walk -in - Interview.

6. **Duties and responsibilities:**

- Create custom workout plans based on personal fitness goals.
- Modify fitness plans to address health issues, injuries, or other specific needs.
- Provide tips, advice, and guidance on improving form and using workout's equipment.
- Supervision of Gym equipments, general use and ensure correct use of the equipment at all times.
- Ensure safety during fitness sessions.
- Carry out First Aid and CPR if needed.
- Follow safety and hygiene guidelines.
- Keeping the gym clean and tidy making sure all loose equipment stored safely after use.

- Any other duties as would be expected from a gym instructor as assigned by BSP(H)CL.
7. **Requisite Certificates/ Documents :**
- Medical fitness certificate issued by Civil Surgeon / Assistant Civil Surgeon / Medical officer of BSP(H)CL.
  - An affidavit sworn in before the Executive Magistrate to the effect that :-
    - Not have been punished by any court of law.
    - Not having any pending allegation.
    - Integrity should be beyond doubt.
8. This contractual engagement may be terminated with immediate effect, if performance of the candidate is not found satisfactory by the company.
9. The notice and format of application is available on the website - [www.bsphcl.co.in](http://www.bsphcl.co.in). The interested candidates having requisite qualification & experience are requested to download the application form and fill it up and paste the recent colour passport size photograph on the application form and report to **Sri Ram Anugrah Narayan Singh, GM (HR & Adm.), BSP(H)CL** at the following address with requisite certificates/ documents for Walk-in-Interview on the scheduled date & time.
- **Sri Ram Anugrah Narayan Singh**  
GM (HR & Adm.),  
Bihar State Power (Holding) Company Ltd.,  
E-mail: [bsphclgmhr@gmail.com](mailto:bsphclgmhr@gmail.com)
  - Date/Time of Interview- **15.04.2025 (Tuesday.), at 3:30 PM**  
Venue of Interview - **Bihar State Power (Holding) Company Ltd.,  
Vidyut Bhawan, Jawahar Lal Nehru Marg,  
Patna - 800 001.**
10. Candidates are requested to bring all certificates / testimonials in original along with one set of photo copy of all certificates/ testimonials with them at the time of interview.
11. The interested candidates may submit their application along with photocopies of requisite documents beforehand.
12. For any queries/ information candidates can get in touch with the company on official mobile no. – 9262296789.

  
(Ram Anugrah Narayan Singh)  
GM (HR/Adm.)

Date 04.04.2025

Memo No. 184

Copy forwarded to DBA, BSP(H)CL for information and necessary action.

2. It is requested to upload the above notice on the official website of the company.

  
(Ram Anugrah Narayan Singh)  
GM (HR/Adm.)



**Job Contract Notice No. - 07/- 2025 (Contract)**  
**Post :- Gym Trainer-Cum-Service Engineer**

**APPLICATION FORM**

Affix here  
a self attested  
colour  
photograph

**Personal Details**

Applicant's Name :			
Father's Name :			
Mother's Name :			
Date of Birth :		Gender :	
Mobile No. :		Email ID :	

Home District :		State	
Age as on 30.04.2025:			

**Details for Reservation -**

Category (UR/SC/ST/BC/EBC) :		Caste :		Domicile of Bihar (Yes/No) :	
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**Address for Correspondence :**


**Permanent Address :**

Village :		Post :	
PS :		District :	
State :		Pin code :	

**Educational and professional Qualification :**

Qualification	Board/ University/ Institute	Specialization	Year of Passing	Marks/ Grade Obtained	Full Marks/ Grade	Percentage of Marks

**Detail of Experience (if any)**

Sl. No.	Name and Address of the Employer	Post held	From	To	Nature of Work/ Duties attended
1.					
2.					
3.					
4.					
5.					

I hereby declare that the information submitted by me is true to the best of my knowledge and belief. If at any stage during the process of selection and thereafter, any of these information is ascertain to be false/incorrect my candidature may be rejected.

**List of enclosed certificates/ documents**

(1)	
(2)	
(3)	
(4)	
(5)	

Signature of the Applicant